

NEW STUDENT ORIENTATION SCHEDULE



*Check <https://www.ringling.edu/new-student-orientation/> for schedule updates.

Symbol Guide: S) – Students P – Parents

*All times are listed in the Eastern Standard Time Zone

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Guidance for Face Coverings

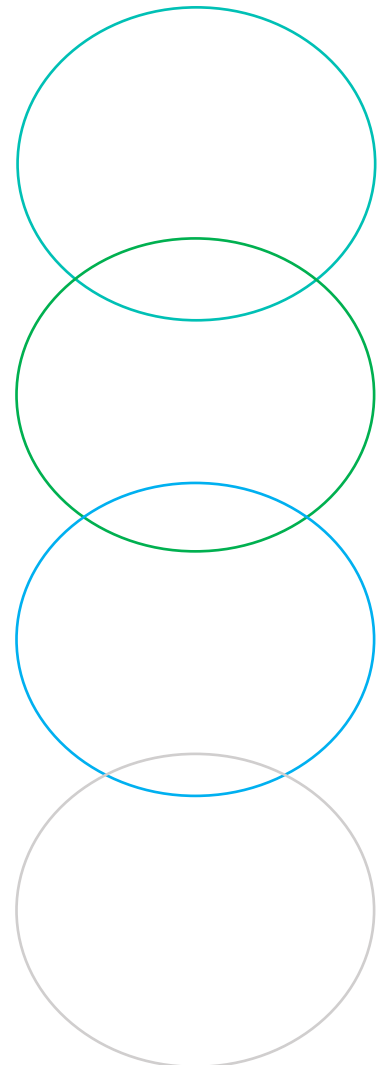
The guidance provided by the CDC recommends that everyone (whether vaccinated or not) in an area of “high” or “substantial” level of transmission wear a face covering indoors in public areas. As an institution that strives to be a good global citizen and neighbor, Ringling College is adopting the current recommendation and expects all faculty, staff, students, and visitors to adhere to the following guidelines:

Outdoors:

Face coverings are optional when physical distancing of 6 feet or more can be maintained. Facemasks/face coverings are required for small or large outdoor gatherings.

Indoors:

Face coverings are required in public and shared spaces within buildings. Shared spaces refer to any area with more than one person in close proximity (less than 6 feet).



Campus Stores and Medical Services Hours

Art + Supply Store

2836 N. Tamiami Trail,
Sarasota, FL

Monday- Friday: 8:00 a.m. – 5:00 p.m.
Saturday: 10:00 a.m. – 2:00 p.m.
Sunday: 10:00 a.m. – 2:00 p.m.

Madeby Gallery

Ethel and Stanley Glen Fine Arts Building

Monday - Friday: 9:00 a.m. – 4:30 p.m.
Saturday: 10:00 a.m. – 3:00 p.m.
Sunday: 10:00 a.m. – 3:00 p.m.

Outtakes Café

1st Floor, Ulla Searing Student Center

Monday – Friday: 9:00 a.m. – 11:00 p.m.
Saturday: 9:00 a.m. – 11:00 p.m.
Sunday: 9:00 a.m. – 5:00 p.m.

**Opens Tuesday, August 24th*

Medical Services

Student Health Center

Monday- Friday: 8:30 a.m. – 4:30 p.m.
Saturday: Closed
Sunday: Closed

**Full Medical Services start on August 16th*



Pre-Orientation Workshops

Tuesday, July 20, 2021

11:30 a.m. — 12:30 p.m.

What You Need to Know: Living on Campus (S) (P)

<https://ringling-edu.zoom.us/j/92440349151>

This session is to provide helpful information for those students that are going to be living in a residence hall in the Fall. In this session, staff will discuss move-in day processes, items that are needed, important information about living in campus housing, and provide time for questions and answers as well.

7:00 p.m. — 8:00 p.m.

What You Need to Know: Living on Campus (S) (P)

<https://ringling-edu.zoom.us/j/92440349151>

This session is to provide helpful information for those students that are going to be living in a residence hall in the Fall. In this session, staff will discuss move-in day processes, items that are needed, important information about living in campus housing, and provide time for questions and answers as well.

Tuesday, August 10, 2021

7:00 p.m. — 8:00 p.m.

What You Need to Know: Being an Art Student Parent (P)

<https://ringling-edu.zoom.us/j/92440349151>

This session is specifically for parents! You will find out information about what to expect being a parent of a student attending Ringling College of Art and Design. It will provide specific details about family sessions at Orientation and beyond, as well as opportunities to partner with the College.

Monday, August 16, 2021

7:00 p.m. — 9:00 p.m.

What You Need to Know: Before You Arrive (S) (P)

<https://ringling-edu.zoom.us/j/92440349151>

In this final session, you will find out any new updates and have the opportunity to ask questions, before you arrive! At the conclusion of this session, students will stay on for icebreakers and to meet others that will be attending in the Fall!

International Student Pre-Orientation

August 12, 2021 – August 20, 2021

8:30 a.m. — 4:30 p.m.

Move-In for International Students Requiring On-Campus Quarantine Only (S) (P)

Office of Residence Life, Goldstein Hall

Quarantine is still mandatory for unvaccinated international travelers to the United States per the CDC guidelines. A student has the option to either quarantine off campus and provide a negative COVID-19 PCR test at move in, or a student can quarantine on campus, and in your own living space whenever possible.

The standard length of quarantine is 14 days. However, if a student remains non-symptomatic a quarantine period is reduced to 10 days; or a non-symptomatic student has the option to take a COVID test on day 6 of quarantine, and with a negative result end quarantine at the end of day 7. Students are encouraged to arrive with enough time to quarantine before classes that are meeting in person as there will not be an option to attend virtually while in quarantine. Once quarantine is over, students are able to freely move about campus, regardless of vaccination status. Face coverings are presently required for all inside facilities and outside when physical distancing is not possible. Students needing to quarantine will receive more information about meal and other essential life items in their email. Please check for more details relative to quarantine.

COVID-19 PCR tests can be taken at the campus Health Center as well as locations close to campus. As some students were unable to get a vaccination over the summer, the school will host a COVID-19 vaccination clinic on Wednesday, September 1st.

Be sure to fill out the international move-in form located at

<https://nextgensso2.com/sp/startSSO.ping?PartnerIdpld=https://awsanubis.ringling.edu/idp/shibboleth&SpSessionAuthnAdapterId=Ringling&TargetResource=https%3a%2f%2fdynamicforms.ngwebsolutions.com%2fSubmit%2fStart%2facb189ab-670a-45a7-a319-ca3bdcd6854d>.

Friday, August 13, 2021

12:00 noon – 1:00 p.m.

International Student Hangout Session (S)

<https://ringling-edu.zoom.us/j/6787888506>

This is a time to meet your peer international students and connect with others from across campus before pre-orientation sessions begin.

Sunday, August 15, 2021

9:00 p.m. – 10:30 p.m.

International Student Hangout Session (S)

<https://ringling-edu.zoom.us/j/6787888506>

This is a time to meet your peer international students and connect with others from across campus before pre-orientation sessions begin.

Wednesday, August 18, 2021

9:00 a.m. – 10:30 a.m.

International Student Hangout Session (S)

<https://ringling-edu.zoom.us/j/6787888506>

This is a time to meet your peer international students and connect with others from across campus before pre-orientation sessions begin.

Friday, August 20, 2021

12:00 noon – 1:00 p.m.

International Student Hangout Session (S)

<https://ringling-edu.zoom.us/j/6787888506>

This is a time to meet your peer international students and connect with others from across campus before pre-orientation sessions begin.

Saturday, August 21, 2021

9:00 a.m. – 4:00 p.m.

Move-In for New International Residential Students Not Requiring Quarantine (S) (P)

Residence Life Office, 1st Floor, Goldstein Hall

Complete moving into your residence hall.

11:00 a.m. – 1:00 p.m.

Brunch

Hammond Commons/Additional Seating Under Tent- Scott Plaza

\$6.00 if not on a meal plan, or brunch on your own.

1:30 p.m. – 2:30 p.m.

Campus Tour (S) (P)

Meet in Goldstein Hall Lobby

2:30 p.m. – 5:30 p.m.

Free Shopping Shuttle

US 41/Corner Dr. MLK Jr. Lot

Shuttles are available at multiple locations so students can purchase items for their rooms. Face coverings are required on shuttle and inside of Target.

Pick-up	Drop-off
2:30 p.m. – Ringling	3:00 p.m. – Target
3:30 p.m. – Ringling	4:00 p.m. – Target
4:00 p.m. – Target	4:30 p.m. – Ringling
5:00 p.m. – Target	5:30 p.m. – Ringling

5:30 p.m. – 8:30 p.m. **Dinner and Games for International Students & Parents (S) (P)**
Tent, Scott Plaza
Meet other students and parents, ESL Faculty, the Director of International Student Affairs, and other staff.
\$8.00 if not on a meal plan, or dinner on your own.

Sunday, August 22, 2021

9:45 a.m. – 10:45 p.m. **Meet with the Director of International Student Affairs (S)**
Academic Center 209

11:00 a.m. – 1:00 p.m. **Brunch**
Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$6.00 if not on a meal plan, or brunch on your own.

2:00 p.m. – 3:30 p.m. **Walk to Walmart Neighborhood Market and Pharmacies with OLs (S)**
Meet in Goldstein Hall Lobby

5:30 p.m. – 7:00 p.m. **Dinner with OL's & RA's**
Hammond Commons/Tent, Scott Plaza
\$8.00 if not on a meal plan, or dinner on your own. Pick up your food at Hammond Commons, then bring it beneath the tent on Scott Plaza to eat with the OL's, RA's, and your peers!

7:00 p.m. – 8:30 p.m. **Virtual Game Night**
<https://ringling-edu.zoom.us/j/6787888506>
Get ready to put on your game face! Many people say that the fastest way to bond is through shared experiences, so join us for a fun night of online games hosted by the International Cultures Club!

Monday, August 23, 2021

9:00 a.m. – 10:00 a.m. **UWC/Davis Scholar Meeting (S)**
Goldstein Library, 2nd Floor
Only for those that attended UWC High Schools!

11:30 a.m. – 5:00 p.m. **Check-In with the Director of International Student Affairs (S)**
Goldstein Library 219
Please bring passports and I-20s.

10:30 a.m. – 11:45 a.m. **Connection Session (S)**
Academic Center Auditorium
A time for international students to meet one another, as well as faculty and staff that will assist them during their time at Ringling College.

11:00 a.m. – 1:00 p.m. **Brunch**

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$6.00 if not on a meal plan, or brunch on your own.

1:00 p.m. – 4:00 p.m.

Free Shopping Shuttle

US 41/Corner Dr. MLK Jr. Lot

Shuttles are available so students can purchase items for their rooms. Face coverings are required on shuttle and inside of Target.

Pick-up	Drop-off
1:00 p.m. – Ringling	1:30 p.m. – Target
2:00 p.m. – Ringling	2:30 p.m. – Target
2:30 p.m. – Target	3:00 p.m. – Ringling
3:30 p.m. – Target	4:00 p.m. – Ringling

5:30 p.m. – 7:00 p.m.

Dinner with OL's & RA's (S)

Hammond Commons/Additional Seating Under Tent- Scott Plaza

\$8.00 if not on a meal plan, or dinner on your own. Pick up your food at Hammond Commons, then bring it beneath the tent on Scott Plaza to eat with the OL's, RA's, and your peers!

7:00 p.m. – 9:00 p.m.

Game Night with OL's & RA's (S)

Tent, Scott Plaza

Tuesday, August 24, 2021

7:30 a.m. – 9:00 a.m.

Breakfast (S)

Hammond Commons/Additional Seating Under Tent- Scott Plaza

\$5.00 if not on a meal plan or breakfast on your own.

9:00 a.m. – 9:45 a.m.

Meet with the Director of International Student Affairs (S)

Academic Center 209

This is a time to learn about the federal obligations required for all International Students.

9:45 a.m. – 10:15 a.m.

Meet with Career Services and Human Resources (S)

Academic Center 209

10:30 a.m. – 11:45 a.m.

ESOL Class (S)

Academic Center 208

This class is for students that will be in the ESL Skills course.

11:45 a.m. – 1:00 p.m.

Lunch (S)

Hammond Commons/Additional Seating Under Tent- Scott Plaza

- 1:15 p.m. – 2:15 p.m.** **International Student Transitions (S)**
Academic Center Auditorium
Get to know the wonderful Counseling, Advising, Health, CDI, Student Access Services, and SLC staff during this interactive experience!
- 2:30 p.m. – 4:00 p.m.** **Trivia with OL's (S)**
Academic Center Auditorium
- 2:30 p.m. – 4:30 p.m.** **International Student Vaccine Clinic (S)**
Student Health Center
- 5:30 p.m. – 7:00 p.m.** **Dinner with OL's & RA's**
Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$8.00 if not on a meal plan, or dinner on your own. Pick up your food at Hammond Commons, then bring it beneath the tent on Scott Plaza to eat with the OL's, RA's, and your peers!
- 7:00 p.m. – 8:30 p.m.** **Virtual Game Night**
<https://ringling-edu.zoom.us/j/6787888506>
Get ready to put on your game face! Many people say that the fastest way to bond is through shared experiences, so join us

Wednesday, August 25, 2021

- 9:00 a.m. – 10:30 a.m.** **International Student Paperwork (S)**
Morganroth Auditorium, Thompson Academic Center
- 10:30 a.m. – 12:00 noon** **International Student Bank Account Setup (S)**
Morganroth Auditorium, Thompson Academic Center
- 1:00 p.m. – 2:00 p.m.** **International Student Health Insurance Information (S)**
Academic Center 209

New Student Orientation

Tuesday, August 24, 2021

7:30 a.m. – 9:30 a.m.

Breakfast (S)

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$5.00 if not on a meal plan or breakfast on your own.

8:00 a.m. – 5:00 p.m.

Domestic Residential Student Move-In and Check-in Process (S) (P)

Diane Roskamp Exhibition Hall, Ulla Searing Student Center then Goldstein Center
New domestic students can choose either Tuesday, August 24th or Wednesday, August 25th to move into their residence hall, but must come during their assigned floor time. If you miss your time slot, please come between the 4:00 p.m. – 5:00 p.m. During this time, students will complete paperwork, get student ID, and ensure all health information is completed. Once completed and you have your Student ID, you will go to Goldstein Center to obtain your Wacom Mobile Studio Pro Computer with Pen Display.

TIME SLOT	FLOOR	BUILDING
8:00 a.m. – 10: 00 a.m.	5 th Floor Residents	Goldstein Hall Greensboro Hall
10:00 a.m. – 12:00 noon	4 th Floor Residents	Goldstein Hall Greensboro Hall
12:00 p.m. – 2:00 p.m.	3 rd Floor Residents	Goldstein Hall Greensboro Hall
2:00 p.m. – 4:00 p.m.	2 nd Floor Residents	Goldstein Hall Greensboro Hall
4:00 p.m. – 5:00 p.m.	1 st Floor	Greensboro Hall *All Late Arrivals

Move-In Day Instructions:

Upon coming to campus, students will check-in at the Roskamp Exhibition Hall. As construction projects are happening throughout campus, traffic patterns and parking are restricted. Please ship as many items as possible, to help expedite the move-in process. All items will already be placed in the student's residence hall room upon arrival. The shipping address is as follows:

*Your Student's Name
c/o NSO 2021
1130 Greensboro Lane
Sarasota, FL 34234

Staff will also check to see if all health form paperwork and immunizations have been successfully completed. If there are outstanding immunizations, students will complete the necessary immunizations at the time of check-in. Student accounts are put on hold until proof of immunization is received.

11:00 a.m. – 1:00 p.m.

Lunch

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$7.00 if not on a meal plan or lunch on your own.

5:00 p.m. – 7:00 p.m.

Dinner

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$8.00 if not on a meal plan or dinner on your own.

Wednesday, August 25, 2021

7:30 a.m. – 9:30 a.m.

Breakfast (S)

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$5.00 if not on a meal plan or breakfast on your own.

8:00 a.m. – 5:00 p.m.

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10:00 a.m. – 12:00 noon	4 th Floor Residents	Goldstein Hall Greensboro Hall
12:00 p.m. – 2:00 p.m.	3 rd Floor Residents	Goldstein Hall Greensboro Hall
2:00 p.m. – 4:00 p.m.	2 nd Floor Residents	Goldstein Hall Greensboro Hall
4:00 p.m. – 5:00 p.m.	1 st Floor	Greensboro Hall *All Late Arrivals

11:00 a.m. – 1:00 p.m.

Lunch

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$7.00 if not on a meal plan or lunch on your own.

11:30 a.m. – 12:30 p.m.

Commuter Student Check-In Process

Diane Roskamp Exhibition Hall, Ulla Searing Student Center
During this time, commuter students will complete paperwork, pick up their student ID, ensure all health information is completed, and obtain notebook computer.

2:00 p.m. – 3:00 p.m.

Accessing College: Workshop for Students Requiring Accommodations (S) (P)

Orkin Lecture Hall/Room 113, Goldstein Library

Meet the staff from Student Access Services and learn about their services for disabilities and other learning support.

2:30 p.m. – 7:00 p.m.

Free Shopping Shuttles (S) (P)

US 41/MLK Corner Lot

Transportation provided to purchase items needed. Face coverings are required on shuttle and inside of Target.

Pick-up	Drop-off
2:30 p.m. – Ringling	3:00 p.m. – Target
3:30 p.m. – Ringling	4:00 p.m. – Target
4:00 p.m. – Target	4:30 p.m. – Ringling
4:30 p.m. – Ringling	5:00 p.m. – Target
5:00 p.m. – Target	5:30 p.m. – Ringling
5:30 p.m. – Ringling	6:00 p.m. – Target
6:30 p.m.- Target	7:00 p.m.- Ringling

3:00 p.m. – 4:30 p.m.

Student Learning Center Open House (S) (P)

<https://ringling-edu.zoom.us/j/98245231754>

Passcode: 040100

Meet the Learning Specialists and learn about free academic support services offered.

4:00 p.m. – 5:00 p.m.

Meeting for Incoming Veterans’ Association Students & Incoming Dependents of Veterans and Families (S) (P)

Goldstein Library 113

This is for Veterans and Dependents of Veterans receiving educational benefits. Information will be provided, as well as a Question & Answer Session.

5:00 p.m. – 6:00 p.m.-

Commuter Student Meeting (S) (P)

Soundstage A

A meeting for all students not living on campus. If you have not completed the check-in process, please plan on arriving an hour early to check-in at Diane Roskamp Exhibition Hall.

5:00 p.m. – 7:00 p.m.

Dinner

Hammond Commons/Additional Seating Under Tent- Scott Plaza

\$8.00 if not on a meal plan or dinner on your own.

7:00 p.m. – 8:00 p.m.

Residence Life All Hall Meeting: Greensboro Hall Floors 3, 4, and 5 (S)

Soundstage A

Meet Residence Life Staff and go over important information for living in the residence halls.

- 7:00 p.m. – 8:00 p.m.** **Activities with OL's & RA's: Greensboro Hall Floors 1 and 2; Goldstein Hall Floor 2; Commuter Students (S)**
Scott Plaza
 Bring items you want to tie-dye!
- 8:00 p.m. – 9:00 p.m.** **Residence Life All Hall Meeting: Goldstein Hall Floors 3, 4, and 5 (S)**
Soundstage A
 Meet Residence Life Staff and go over important information for living in the residence halls.
- 8:00 p.m. – 9:00 p.m.** **Activities with OL's & RA's: Greensboro Hall Floors 3, 4, and 5 (S)**
Scott Plaza
 Bring items you want to tie-dye!
- 9:00 p.m. – 10:00 p.m.** **Residence Life All Hall Meeting: Greensboro Hall Floors 1 and 2; Goldstein Hall Floor 2 (S)**
Soundstage A
 Meet Residence Life Staff and go over important information for living in the residence halls.
- 9:00 p.m. – 10:00 p.m.** **Activities with OL's & RA's: Goldstein Hall Floors 3, 4, and 5 (S)**
Scott Plaza
 Bring items you want to tie-dye!

Thursday, August 26, 2021

- 7:30 a.m. – 9:30 a.m.** **Breakfast (S)**
Hammond Commons/Additional Seating Under Tent- Scott Plaza
 \$5.00 if not on a meal plan or breakfast on your own.
- 9:00 a.m. – 9:45 a.m.** **Orientation Session #1 (S)**
Virtual
 Workshop details will be updated in August. Please check for the updated schedule with links then.

<p>Are You Managing Your Time or Is Time Managing You? <i>Presented by: Student Learning Center Staff</i> https://ringling-edu.zoom.us/j/93490522298 Passcode: 831337</p> <p>Do you start each morning dreaming about how much you'll accomplish, only to get distracted by 9 a.m. and totally off-track by noon, so you just give up and decide to be organized tomorrow? Do you procrastinate and have to rush to finish assignments on time? Do you get sucked into a time warp by social media or video games? At the end of the day, can you identify how much time you have wasted? Come find out some basic strategies for time management and organization that can help you get started in a positive direction here at Ringling.</p>
<p>Community & Belonging <i>Presented by: Yoleidy Rosario and Kelsey VanHorn</i> https://ringling-edu.zoom.us/j/96858756800</p> <p>Join us for an engaging program that provides participants an opportunity to build relationships and community while developing strategies to cultivate a sense of belonging at Ringling College.</p>

<p>Improvement Through Play Presented by: E Ramey https://ringling-edu.zoom.us/j/92422154021 This session will explain how getting involved with club sports, working out, recreational trips, and/or fitness programs can help improve you both physically and mentally, enhancing your creativity. Topics will include how getting out and moving can increase brain function, mood, energy, and even your GPA. We will also go over how to navigate the fitness related ways of campus such as events and the Fitness Center and schedule. This session will also discuss being involved in e-sports!</p>
<p>Involvement 101: Where to Start Presented by: Candice Johnson Pollowitz & Susan Saulnier https://ringling-edu.zoom.us/j/91494613539 Our student body has involvement opportunities in offices and departments across the campus. Two staff members will walk you through some easy ways to start your involvement journey as a first year student. They will discuss leadership opportunities for all students in all years. Want to learn where to begin? Come join us to see where to start.</p>
<p>Mindfulness: An Introduction Presented by: Laura Bonnemort, Psy.D., Peterson Counseling Center https://zoom.us/my/laurabonnemort Mindfulness practice is defined and introduced to provide skills in coping and resilience for everyday life stress. This session is designed to facilitate in-vivo learning to utilize mindfulness practices such as observation and breathing, to cope with areas of stress and anxiety that one may face in academic and personal settings.</p>
<p>Our Campus Community <i>Presented by: Student Panel</i> https://ringling-edu.zoom.us/s/94322161999 Sit down with a panel of your peers to learn about what life at Ringling is really all about. This session will allow you to ask questions you may have of your peers as well!</p>
<p>Roommate Relationship Roundup Presented by: Kelly Frazee, Psy.D. and Stephan Hauptfleisch, Psy.D., Peterson Counseling Center https://zoom.us/my/stephanhauptfleisch Living with new roommates can be an exciting and anxious experience. This session's conversation will aim to ease the transition of sharing your living space with new individuals. Topics such as establishing expectations, compromise and solving disagreements will be discussed during our time together.</p>
<p>Welcome to Ringling: Adjusting to the First Semester (2021 Edition) Presented by: Lauren Levine, MA, LMHC, Peterson Counseling Center https://zoom.us/my/laurenlevine Starting college is a major life event, especially in 2021. Learn how to navigate the challenges and enjoy the exciting aspects of the first semester at Ringling. This session actively engages students in how to get involved and stay connected with tips for success in adjusting. We will also discuss ways to increase comfort with socializing in person, an opportunity that many have not had in the last year. This session also serves as a complement to the parent transition session.</p>

9:30 a.m. – 10:00 a.m.

Welcome for Parents and Introduction of Parents' Association (P)

Soundstage A

Watch Virtually: <https://ringling-edu.zoom.us/j/91480717733>

Join other parents of first-year students joining the Ringling College of Art and Design Family and learn more about the Parents' Association and other resources available.

9:50 a.m. – 10:35 a.m.

Orientation Session #2 (S)

Virtual

Workshop details will be updated in August. Please check for the updated schedule with links then.

Are You Managing Your Time or Is Time Managing You?

Presented by: Student Learning Center Staff

<https://ringling-edu.zoom.us/j/98545468732>

Passcode: 613672

Do you start each morning dreaming about how much you'll accomplish, only to get distracted by 9 a.m. and totally off-track by noon, so you just give up and decide to be organized tomorrow? Do you procrastinate and have to rush to finish assignments on time? Do you get sucked into a time warp by social media or video games? At the end of the day, can you identify how much time you have wasted? Come find out some basic strategies for time management and organization that can help you get started in a positive direction here at Ringling.

Getting Started with Career Services

Presented by: Career Services Staff

<https://ringling-edu.zoom.us/j/98675521460>

Meet your Career Services team with important tips for accessing your Career Resources.

Identity 101: Exploring My Identity and Intersectionality

Presented by: Yoleidy Rosario and Kelsey VanHorn

<https://ringling-edu.zoom.us/j/93433960591>

Join us for a foundational workshop centered on exploring social and personal identities while building a better understanding of your own multitude of identities, the ways in which they intersect, and how they inform our collective experiences at Ringling College campus and beyond.

Involvement 101: Where to Start

Presented by: Candice Johnson Pollowitz & Susan Saulnier

<https://ringling-edu.zoom.us/j/91494613539>

Our student body has involvement opportunities in offices and departments across the campus. Two staff members will walk you through some easy ways to start your involvement journey as a first year student. They will discuss leadership opportunities for all students in all years. Want to learn where to begin? Come join us to see where to start.

Mindfulness: An Introduction

Presented by: Laura Bonnemort, Psy.D., Peterson Counseling Center

<https://zoom.us/my/laurabonnemort>

Mindfulness practice is defined and introduced to provide skills in coping and resilience for everyday life stress. This session is designed to facilitate in-vivo learning to utilize mindfulness practices such as observation and breathing, to cope with areas of stress and anxiety that one may face in academic and personal settings.

Roommate Relationship Roundup

Presented by: Kelly Frazee, Psy.D. and Stephan Hauptfleisch, Psy.D., Peterson Counseling Center

<https://zoom.us/my/stephanhauptfleisch>

Living with new roommates can be an exciting and anxious experience. This session's conversation will aim to ease the transition of sharing your living space with new individuals. Topics such as establishing expectations, compromise and solving disagreements will be discussed during our time together.

Spiritual Journey: Mind, Body, and Soul

Presented by: Rev. Dwight Henry

<https://ringling-edu.zoom.us/j/6273492520>

College is a time for self-discovery and growth. Spiritual growth is equally as important for holistic wellness. This session will help students discover opportunities to grow in their faith, as well as connect them to the Campus Ministry program.

Unwinding with a Grounding Yoga Flow

Presented by: Katherine Oglesby, LCSW & Certified Trauma-Informed Yoga Instructor, Peterson Counseling Center

<https://zoom.us/my/katherineoglesby>

Orientation is an exciting but extremely busy time! In this workshop we'll move through a seated yoga flow you can do at your computer, that offers you the opportunity to explore movements that feel best for your body, practice grounding in the present moment, and learn a new skill for coping with stress. You're invited to turn your camera off and take some space to unwind!

10:00 a.m. – 11:15 a.m.

Parent Transition Session (P)

Soundstage A

Watch Virtually: <https://ringling-edu.zoom.us/j/91480717733>

This session will help prepare for what to expect during the College transition time period, feelings you or your student may encounter, how to best support your student to be successful, and more!

10:40 a.m. – 11:25 a.m.

Orientation Session #3 (S)

Virtual

Workshop details will be updated in August. Please check for the updated schedule with links then.

<p>Community & Belonging Presented by: Yoleidy Rosario and Kelsey VanHorn https://ringling-edu.zoom.us/j/94841899492 Join us for an engaging program that provides participants an opportunity to build relationships and community while developing strategies to cultivate a sense of belonging at Ringling College.</p>
<p>Getting Started with Career Services Presented by: Career Services Staff https://ringling-edu.zoom.us/j/95057731823 Meet your Career Services team with important tips for accessing your Career Resources.</p>
<p>Improvement Through Play Presented by: E Ramey https://ringling-edu.zoom.us/j/94280303845 This session will explain how getting involved with club sports, working out, recreational trips, and/or fitness programs can help improve you both physically and mentally, enhancing your creativity. Topics will include how getting out and moving can increase brain function, mood, energy, and even your GPA. We will also go over how to navigate the fitness related ways of campus such as events and the Fitness Center and schedule. This session will also discuss being involved in e-sports!</p>
<p>LGBTQ+ You Presented by: Candice Johnson Pollowitz https://ringling-edu.zoom.us/j/93671461394 Ringling College of Art & Design is known for its welcoming environment and this includes all who are a part of the LGBTQIA+ community. During this session you will go over foundational vocabulary within the LGBTQ community and explore your own gender identity. This session is for those who want to be good allies and people who are a part of the community wanting to connect and discuss. All are welcome here!</p>
<p>Our Campus Community Presented by: Student Panel https://ringling-edu.zoom.us/s/94322161999 Sit down with a panel of your peers to learn about what life at Ringling is really all about. This session will allow you to ask questions you may have of your peers as well!</p>
<p>Spiritual Journey: Mind, Body, and Soul Presented by: Rev. Dwight Henry https://ringling-edu.zoom.us/j/6273492520 College is a time for self-discovery and growth. Spiritual growth is equally as important for holistic wellness. This session will help students discover opportunities to grow in their faith, as well as connect them to the Campus Ministry program.</p>

Unwinding with a Grounding Yoga Flow

Presented by: Katherine Oglesby, LCSW & Certified Trauma-Informed Yoga Instructor, Peterson Counseling Center

<https://zoom.us/my/katherineoglesby>

Orientation is an exciting but extremely busy time! In this workshop we'll move through a seated yoga flow you can do at your computer, that offers you the opportunity to explore movements that feel best for your body, practice grounding in the present moment, and learn a new skill for coping with stress. You're invited to turn your camera off and take some space to unwind!

Welcome to Ringling: Adjusting to the First Semester (2021 Edition)

Presented by: Lauren Levine, MA, LMHC, Peterson Counseling Center

<https://zoom.us/my/laurenlevine>

Starting college is a major life event, especially in 2021. Learn how to navigate the challenges and enjoy the exciting aspects of the first semester at Ringling. This session actively engages students in how to get involved and stay connected with tips for success in adjusting. We will also discuss ways to increase comfort with socializing in person, an opportunity that many have not had in the last year. This session also serves as a complement to the parent transition session.

11:30 a.m. – 1:30 p.m.

Lunch

Hammond Commons/Additional Seating Under Tent- Scott Plaza

\$7.00 if not on a meal plan or lunch on your own.

12:00 p.m. – 5:00 p.m.

Sarasota Art Museum Family Day (S) (P)

Ringling College Museum Campus

1001 South Tamiami Trail

Sarasota, FL 34236

Enjoy free admission to the Sarasota Art Museum. You are able to explore the exhibitions, learn about opportunities available, participate in activities, and more. You will also receive a 10% discount at both the Bistro and Museum Store. You may take one of the shuttles below or drive yourself, as there is plenty of parking! Face Coverings are required to be worn on the shuttles and indoors at the Sarasota Art Museum. Additionally, they are required to be worn outside when physically distancing is not possible.

Pick-up	Drop-off
11:45 p.m. – Ringling	12:15 p.m. – SMA
12:30 p.m. – Ringling	1:00 p.m. – SMA
1:00 p.m. – SMA	1:30 p.m. – Ringling
1:30 p.m. – Ringling	2:00 p.m. – SMA
2:00 p.m. – SMA	2:30 p.m. – Ringling
2:30 p.m. – Ringling	3:00 p.m. – SMA
3:00 p.m.- SMA	3:30 p.m.- Ringling
3:30 p.m.- Ringling	4:00 p.m.- SMA
4:00 p.m.- SMA	4:30 p.m.- Ringling
4:50 p.m. – SMA	5:15 p.m. Ringling
5:30 p.m.- SMA	5:45 p.m. Ringling

5:00 p.m. – 7:00 p.m.

Dinner

Hammond Commons/Additional Seating Under Tent- Scott Plaza

\$8.00 if not on a meal plan or dinner on your own.

7:00 p.m. – 8:45 p.m.

Community Building with CDI (S)

Scott Plaza

Students will participate in an engaging and dynamic workshop that fosters inclusive communities with the goal of empowering themselves and others to continue to stay connected and engaged in conversations about social and racial justice, oppression, power, and privilege in our campus community.

9:00 p.m. – 11:00 p.m.

Movie on the Lawn with OL's and RA's (S) (P)

C.J. Lawn

Meet fellow students, both new and upper-class!

Friday, August 27, 2021

7:30 a.m. – 9:30 a.m.

Breakfast

Hammond Commons/Additional Seating Under Tent- Scott Plaza

\$5.00 if not on a meal plan or breakfast on your own.

9:00 a.m. – 9:45 a.m.

Students with Undeclared Majors Session (S) (P)

Thompson Academic Center, Room 207

This session is only for those that have not declared a major.

9:30 a.m. – 11:00 a.m.

Department Conversations (S) (P)

Various Locations

Discover more about your major and get a chance to meet your department head, faculty mentors, instructors and other classmates in these up-close and personal discussions. If the meeting is virtual, please have your camera on

Major:

Business of Art & Design

Computer Animation

Creative Writing

Entertainment Design

Film

Fine Arts

Game Art

Graphic Design

Illustration

Motion Design

Photography

Virtual Reality Development

Visual Studies

Room:

Academic Center 214

<https://ringling-edu.zoom.us/j/99473757742>

Academic Center 218

Academic Center 208

<https://ringling-edu.zoom.us/j/98691367117>

Crosley Gallery

Academic Center 209

Academic Center 418

<https://ringling-edu.zoom.us/j/9806474207>

Goldstein Library 113

<https://ringling-edu.zoom.us/j/94398402684>

Academic Center 209

<https://ringling-edu.zoom.us/j/97362224210>

11:30 a.m. – 1:30 p.m.

Lunch

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$7.00 if not on a meal plan or lunch on your own.

12:40 p.m. – 1:35 p.m.

Shuttles Depart for Van Wezel Performing Arts Hall (S) (P)

Van Wezel Address: 777 N. Tamiami Trail, Sarasota, FL
Shuttles Depart from US41/MLK Corner Parking Lot

You may also drive yourself, as there is plenty of parking! Face Coverings are required to be worn on the shuttles and indoors at the Van Wezel. Additionally, they are required to be worn outside when physically distancing is not possible.

Pick-up	Drop-off
12:40 p.m. – Ringling	12:50 p.m. – Van Wezel
12:55 p.m. – Ringling	1:05 p.m. – Van Wezel
1:10 p.m. – Ringling	1:20 p.m. – Van Wezel
1:25 p.m. – Ringling	1:35 p.m. – Van Wezel

1:45 p.m. – 2:45 p.m.

Official Welcome and Academic Overview (S) (P)

Van Wezel Performing Arts Hall, Main Theater

Watch Virtually: <https://ringling-edu.zoom.us/j/91480717733>

Dr. Tammy S. Walsh, Vice President for Student Life and Dean of Students

Dr. Jason Good, Vice President for Enrollment Management

Dr. Larry R. Thompson, President

Dr. Peter McAllister, Vice President for Academic Affairs

Principles that Define Our Community

Dr. Tammy S. Walsh, Vice President for Student Life and Dean of Students

2:45 p.m. – 3:00 p.m.

Break

3:00 p.m. – 4:00 p.m.

Dr. T and the Team! (S) (P)

Van Wezel Performing Arts Hall, Main Theater

Watch Virtually: <https://ringling-edu.zoom.us/j/91480717733>

A Ringling College take on talk shows! Learn important information, while having fun!

4:00 p.m. – 4:15 p.m.

Shuttles Depart for Ringling College (S)

Masks are required to be worn on the shuttles.

Pick-up	Drop-off
4:00 p.m. – Van Wezel	4:10 p.m. – Ringling
4:15 p.m. – Van Wezel	4:25 p.m. – Ringling
4:35 p.m. – Van Wezel	4:45 p.m.- Ringling

5:00 p.m. – 7:00 p.m. **Dinner**
Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$8.00 if not on a meal plan or dinner on your own.

6:30 p.m. – 7:30 p.m. **Free Time/Family Farewells (S) (P)**

7:00 p.m. – 9:00 p.m. **Trivia Night (S)**
Soundstage A

Saturday, August 28, 2021

7:30 a.m. – 8:30 a.m. **Breakfast (S)**
Hammond Commons/Additional seating located under tent on Scott Plaza
\$5.00 if not on a meal plan or breakfast on your own.

8:45 a.m. – 12:00 noon **Community Service Projects (S)**
Community Service Project Sites (Various Locations)
Please refer to the website at <https://www.ringling.edu/new-student-orientation/> to sign up for Service Projects.

11:30 a.m. – 1:30 p.m. **Lunch**
Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$7.00 if not on a meal plan or lunch on your own.

2:00 p.m. – 3:00 p.m. **Meet Your Academic Advisor (S)**
<https://ringling-edu.zoom.us/j/91482157078>
Your Academic Advisor plays a key role in helping you to succeed as a student. They will help you register for classes and ensure that you are meeting all requirements to graduate on time.

3:00 p.m. – 4:00 p.m. **Notebook Workshop for Students (S)**
<https://ringling-edu.zoom.us/j/95657624269>
Come learn basic uses of your new Notebook, as well as the software included on it.

5:00 p.m. – 7:00 p.m. **Dinner**
Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$8.00 if not on a meal plan or dinner on your own.

7:00 p.m. – 9:00 p.m. **Open Mic Night & Coffee House (S)**
Soundstage A
Bring your talent!

Sunday, August 29, 2021

11:00 a.m. – 1:00 p.m.

Brunch

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$6.00 if not on a meal plan, or brunch on your own.

1:30 p.m. – 5:30 p.m.

Shopping Shuttles (S)

US41/ Dr. MLK Jr. Corner Lot

See SHUTTLE SCHEDULE below for specific pick-up and drop-off times. Face coverings are required on shuttle and inside of Target.

Pick-up	Drop-off
1:30 p.m. – Ringling	2:00 p.m. – Target
2:30 p.m. – Ringling	3:00 p.m. – Target
3:00 p.m. – Target	3:30 p.m. – Ringling
3:30 p.m. – Ringling	4:00 p.m. – Target
4:00 p.m. – Target	4:30 p.m. – Ringling
4:30 p.m. – Ringling	5:00 p.m. – Target
5:00 p.m.- Target	5:30 p.m.- Ringling

5:00 p.m. – 7:00 p.m.

Dinner

Hammond Commons/Additional Seating Under Tent- Scott Plaza
\$8.00 if not on a meal plan or dinner on your own.

8:00 p.m. – 9:30 p.m.

Making Campus Safer: Sexual Misconduct and How to Report It (S)

<https://ringling-edu.zoom.us/my/jekeyma>

Sexual harassment and misconduct, as well as dating violence have become major topics of concerns on college campuses throughout the U.S. This session examines Title IX Law and teaches how everyone can play a part to prevent any type of violence on our campus, as well as how to report it.

8:00 p.m. – 9:30 p.m.

Mandatory Floor Meetings for All Residential Students (S)

All Floors

Face Coverings Required